

## A HYMN OF PRAISE FOR A TRUSTWORTHY GOD

Psalm 146:1–10

In the Psalms we find a reflection of life in a fallen world—years stippled with uncontainable joy and unspeakable sorrow, seasons of prosperity and times of poverty, days spent asking God for deliverance and weeks spent adoring God’s providence. In this collection of inspired poetry we hear the ancient but relatable cries of God’s people as they too sought to obey the Lord faithfully, avoid sin desperately, live life wisely, and endure the world victoriously. But as this book nears its conclusion it announces with increasing clarity and rapidity what our response should always be: worship. Whether we’re lamenting or celebrating, singing or groaning, gathered or scattered, God’s people are to “Praise the Lord!” And though there are *many* reasons to do that, Psalm 146 highlights his trustworthiness as fodder for his exaltation. Our God (unlike the people around us) is perfectly, lavishly, and eternally reliable, ever helping and protecting his own. *Hallelujah!*

People are Untrustworthy  
(So don’t praise *them!*)

vv. 3–4

God is Trustworthy  
(So do praise *him!*)

vv. 1–2, 5–10